

Degree Requirements for:

Nutrition and Foods

This is a professional program. Admission is competitive and application requirements include a minimum cumulative grade point average of 3.2 on a 4.0 scale and completion of specific prerequisite courses to be considered. This program is accredited by the Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics.

Pre-Professional Requirements

- _____ ¹BIO SC 1010 Prin and Conc of Biology (3) and
¹BIO SC 1020 Gen Biology Lab (2), or
- _____ ¹BIO SC 1500 Intro to Biological Systems (5)
- _____ ¹CHEM 1320 College Chem I with Lab (4)
- _____ ¹CHEM 2030 Survey of Organic Chemistry (3)
- _____ ¹CHEM 2130 Organic Chem Lab (2)
- _____ ^{1,2}BIOCHM 3630 Gen Biochemistry (3)
- _____ CDS 2190 Medical Terminology (3)
- _____ ¹COMM 1200 Public Speaking (3)
- _____ ¹HLTH SCI 1000 Intro to the Health Professions (3)
- _____ NEP 1995 Nutritional Food Science (3)
- _____ ¹MPP 3202 Elements of Physiology with Lab (5)
- _____ ²NEP 2340 Human Nutrition I (3)
- _____ NEP 2380 Diet Therapy for the Health Professionals (3)
- _____ ¹PSYCH 1000 General Psychology (3)
- _____ HDFS 1600 Found of Family Science, or
HDFS 1610 Intimate Relationships and Marriage (3)
- _____ FINPLN 2183 Personal and Family Finance (3)
- _____ MATH 1100 College Algebra (3)

³Area of Competence

- _____ ¹ESC PS 4170 Intro to Applied Statistics (3)
- _____ ESC PS 4200 Intro to Positive Psychology (3) or
PSYCH 3830 Health Psychology (3)
- _____ FS 4310 Food Chemistry with Lab (4)
- _____ MANGMT 3000 Principles of Management (3)
- _____ MPP 4204 Medical Pharmacology (5)
- _____ PTH AS 2201 Human Anatomy Lecture (3)
- _____ NEP 2450 Nutrition Throughout the Life Span (3)
- _____ NEP 3290 Food Service I: SPE (1)
- _____ NEP 3360 Nutritional Assessment: SPE (2)
- _____ NEP 3370 Medical Nutrition Therapy I: SPE (3)
- _____ NEP 3390 Teaching and Counseling Techniques in Nutr. (2)
- _____ NEP 3400 Teaching and Counseling Techniques: SPE (1)
- _____ NEP 3590 Community Nutrition SPE (1)
- _____ NEP 4290 Food Service II: SPE (business plans) (2)
- _____ NEP 4280 Food Service Management (3)
- _____ NEP 4340 Human Nutrition II (3)
- _____ NEP 4360 Nutritional Assessment (3)
- _____ NEP 4370 Nutrition Therapy I (3)
- _____ NEP 4590 Community Nutrition (3)
- _____ NEP 4950 Capstone: Research in Nut Sci (2)
- _____ NEP 4951 Nutrition Research Communication (1)

¹These courses also may meet General Education Requirements.

²These courses require a minimum grade of B-.

SPE = Supervised Practice Experience

Changes to requirement may be necessary as accreditation requirements change. Check with your adviser regularly to stay informed.

Professional Electives (Choose 3 hours from list)

(Some courses have pre-requisites. Check before enrolling. If you are interested in a course not listed you must provide a syllabus for approval. The course must be 3000-level or higher and be relevant to your field. Approval is subject to faculty evaluation.)

- _____ AFNR 3215 Community Food Systems (3)
- _____ BIO 2200 Genetics (4)
- _____ BIO 3750 Genral Microbiology (3-4)
- _____ FS 4370 Food Microbiology (3)
- _____ FS 4980 Food Quality Assurance (3)
- _____ HDFS 3430 Adolescence and Young Adulthood (3)
- _____ HLTH SCI 3300 Public Health Prin., Prac. and Educ. (3)
- _____ HLTH SCI 4400 Culture and Health Lit. for Prof (3)
- _____ HLTH SCI 4420 Health Literacy and Behavioral Compl. (3)
- _____ MICROB 3200 Med. Microbiology and Immuniz. (3)
- _____ MGMNT 4201 Mgmnt of International Bus in Research (3)
- _____ MRKTNG 3000 Principles of Marketing (3)
- _____ NEP 2460 Eating Disorders (2)
- _____ NEP 3131 International NEP (Study Abroad) (3)
- _____ NEP 4970 N&F Capstone: Sports Nutrition (3)
- _____ PSYCH 3830 Health Psychology (3)
- _____ RU SOC 3310 Society, Agriculture, Natural Resources (3)
- _____ RU SOC 3325 Social Food and Nutrition (3)
- _____ SOC 3430 Sociology of Sport (3)
- _____ SOC 3440 Sociology of Health (3)
- _____ STAT 3000-4000 level course (3)
- _____ SOC WK 4390 Helping Strategies w/Child. & Adol. (3)
- _____ SOC WK 4395 Death, Grief and Loss (3)
- _____ SOC WK 4480 Helping Strategies w/Older Persons (3)

Minimum of 120 credit hours are required for Nutrition and Foods undergraduate degree.

Graduate Requirements

All graduate level courses require a minimum grade of B.

- _____ P HLTH 8300 Healthcare in the US
- _____ HMI 7566 Ethics in Health Informatics (3)
- _____ NEP 7380 Nutrition Therapy II (3)
- _____ NEP 7381 Nutrition Therapy II SPE (4)
- _____ NEP 7385 Professional Development I (1)
- _____ NEP 7390 Professional Development II (1)
- _____ NEP 8340 Nutrition in Human Health (3) (Taken senior year)
- _____ NEP 8380 Nutrition Therapy III (3)
- _____ NEP 8975 Practice of Diet SPE (10)

Nutrition and Foods and the Dietetics Professional Program

Sample Course Guide

FIRST YEAR - FALL SEMESTER

¹ BIO SC 1010/1020 or 1500 Biology w/Lab	5
GN HES 1100 Intro to HES	1
HES Foundation (recommend HDFS 1600 or 1610)	3
MATH 1100 College Algebra	3
PSYCH 1000 General Psychology	3
Total	15

FIRST YEAR - SPRING SEMESTER

CHEM 1320 College Chem I with Lab	4
ENGLSH 1000 Exposition and Argumentation	3
AM. History or Government	3
HLTH SCI 1000 Intro to the Health Professions	3
HUMANITIES (recommend Phil 1150 or 2440)	3
Total	16

SECOND YEAR - FALL SEMESTER

CHEM 2030 Survey of Organic Chemistry (f)	3
CHEM 2130 Organic Chem Lab	2
HES Foundation (recommend FINPLN 2183)	3
MPP 3202 Human Physiology with Lab	5
NEP 2380 Diet Therapy for the Health Professionals	3
Total	16

SECOND YEAR - SPRING SEMESTER

BIOCHM 3630 Gen Biochemistry (sp)	3
COMM 1200 Public Speaking	3
CDS 2190 Medical Terminology	3
NEP 1995 Nutritional Food Science (su, sp)	3
NEP 2340 Human Nutrition I (sp)	3
Total	15

COORDINATED PROGRAM IN DIETETICS

THIRD YEAR - FALL SEMESTER

	Hrs	Contact
FS 4310 Food Chemistry with Lab	4	
NEP 3360 Nutritional Assessment SPE (f)	2	8
NEP 4340 Human Nutrition II (f)	3	
NEP 4360 Nutritional Assessment (f)	3	
NEP 4590 Community Nutrition (su, f)	3	
Total	15	8

THIRD YEAR - SPRING SEMESTER

	Hrs	Contact
MANGMT 3000 Principles of Management	3	
NEP 2450 Nutr. Through. the Lifespan (su, sp)	3	
NEP 3290 Food Service I SPE (sp)	1	4
NEP 3390 Teaching and Counseling (sp)	2	
NEP 4280 Food Service Lecture (sp)	3	
ESC PS 4200 Positive Psychology or PSYCH 3830 Health Psychology	3	
Total	15	4

THIRD YEAR - SUMMER SEMESTER

	Hrs	Contact
NEP 3400 Teaching and Counseling SPE (su)	1	4
NEP 3590 Community Nutrition SPE (su)	1	4
ESC PS 4170 Intro to Applied Statistics (su)	3	

FOURTH YEAR - FALL SEMESTER

	Hrs	Contact
MPP 4204 Medical Pharmacology	5	
NEP 4290 Food Service II SPE (f)	2	8
NEP 4950 Capstone: Research in Nut Sci (f)	2	
Humanities WI	3	
Professional Elective	3	
Total	15	8

FOURTH - SPRING SEMESTER

	Hrs	Contact
NEP 3370 Medical Nutrition Therapy I SPE	3	12
NEP 4370 Nutrition Therapy I (sp)	3	
NEP 4951W Nutrition Research Communication (sp)	1	
NEP 8340 Nutrition in Human Health (sp)	3	
PTH AS 2201 Human Anatomy Lecture	3	
Total	13	12

FIFTH YEAR - FALL SEMESTER

	Hrs	Contact
P HLTH 8300 Healthcare in the US	3	
HMI 7566 Ethics in Health Informatics	3	
NEP 7380 Nutrition Therapy II (f)	3	
NEP 7381 Nutrition Therapy II SPE (f)	4	16
NEP 7385 Professional Devel. I (f)	1	
Total	14	16

FIFTH - SPRING SEMESTER

	Hrs	Contact
NEP 7390 Professional Devel. II (sp)	1	
NEP 8380 Nutrition Therapy III	2	
NEP 8975 Practice of Dietetics	10	40
Total	13	40