



# Human Development and Family Science

University of Missouri

Degree Requirements for:

## CHILD LIFE SPECIALIST

*Child Life Specialist graduates provide for the socioemotional needs, and support the optimum growth and development of children and their families in a variety of health care settings through therapeutic play, psychological preparation, and coping skills interventions. Using a family-centered approach, they provide parents and other family members with emotional support.*

**All courses that count toward the HDFS major requirements must be completed with a grade of C or better. Grades of C- or below will not be accepted.** In addition to the Mizzou General Education and HES College requirements, the following courses comprise the Child Life Specialist emphasis area. See additional requirements on the back of this sheet.

### Required Courses: (91 hours)

- \_\_\_ CDS 2190 Medical Terminology (online course) (3)
- \_\_\_ HDFS 1600 Foundations of Family Science (3)
- \_\_\_ HDFS 2200 Research Methods in Human Dev.& Family Sci.(3)
- \_\_\_ HDFS 2300 Multicultural Study of Children and Families (3)
- \_\_\_ HDFS 2400W Principles of Human Development (4)
- \_\_\_ HDFS 3050 Child Development: Birth to 3 (3)
- \_\_\_ HDFS 3150W Child Development 4-8 (3)
- \_\_\_ HDFS 3430 Adolescence and Young Adulthood (3)
- \_\_\_ HDFS 3500 Infant-Toddler Practicum (6)
- \_\_\_ <sup>3</sup>HDFS 3600 Partnering with Parents and Families (3)
- \_\_\_ HDFS 3700 Preschool Practicum (6)
- \_\_\_ HDFS 3800 Children's Play (3)
- \_\_\_ <sup>4</sup>HDFS 4085 Problems in HDFS – Child Life Volunteer Exp. (1)
- \_\_\_ HDFS 4100 Children in Healthcare Settings (3)
- \_\_\_ HDFS 4110 Child Life Theory and Practice (3)
- \_\_\_ <sup>1</sup>HDFS 4130 Child Life Practicum (3)
- \_\_\_ HDFS 4400 Childhood Death and Bereavement (3)
- \_\_\_ HDFS 4700 Children and Families in Poverty (3) or  
HDFS 4720 Child and Family Advocacy (3)
- \_\_\_ HDFS 4993 Internship in HDFS- Clinical Practice Internship  
(600 clock hours, min.) (15)
- \_\_\_ PTH AS 2201 Human Anatomy Lecture (3)
- \_\_\_ PTH AS 2203 Human Anatomy Lab (2)
- \_\_\_ PHIL 2440 Medical Ethics (3)
- \_\_\_ PSYCH 1000 Introduction to Psychology (3)
- \_\_\_ SOCIOL 1000 (or RU SOC 1000) Intro to Sociology (3)
- \_\_\_ <sup>2</sup>STAT 1200 Introductory Statistical Reasoning, or  
1400 Elementary Statistics for Life Sciences, or  
ESC PS 4170 Introduction to Applied Statistics (3)

### Supporting Area Coursework (3-6 hours)

Choose 1-2 courses from among the following:

- \_\_\_ HDFS 2450 Human Sexuality Across the Lifespan (3)
- \_\_\_ HDFS 2510 Observation, Assess., and Curriculum Planning (4)
- \_\_\_ HDFS 3450 Health, Safety and Nutrition (3)
- \_\_\_ HDFS 4200 Latino Youth and Families (3)
- \_\_\_ HDFS 4300 Black Families (3)
- \_\_\_ HDFS 4420 Environmental Influences on Lifespan Cognition (3)
- \_\_\_ HDFS 4570 Dev & Admin of Child Services Programs (3)
- \_\_\_ HDFS 4610 Stress and Resilience in Families (3)
- \_\_\_ HDFS 4620 Family Interaction (3)
- \_\_\_ HDFS 4680 Family Communication (3)
- \_\_\_ HLTH PSYC 3100 Applied Behavior Analysis and Autism (3)
- \_\_\_ NEP 2460 Eating Disorders (2)
- \_\_\_ PSYCH 2830 Human-Companion Animal Interaction
- \_\_\_ PSYCH 3830 Health Psychology (3)
- \_\_\_ PSYCH 4540 Emotional Disorders in Child.and Adol. (3)
- \_\_\_ SPEC ED 4300 Introduction to Special Education (3)
- \_\_\_ SOC WK 4390 Helping Strategies with Children and Adol. (3)

Other supporting coursework must be approved by the advisor prior to enrollment.

See page 2 for additional information.

### Minimum of 120 credit hours must be completed

<sup>1</sup>must earn a 3.00 (B) or better in the course

<sup>2</sup>Should be taken before HDFS 2200

<sup>3</sup>Service Learning course

<sup>4</sup>HDFS 4085 must be completed no later than the end of the Sophomore year

*Please note that acceptance into this option is on a competitive, space available basis. HDFS 1600 must be taken before HDFS 2300 or any 3000 or 4000-level HDFS course. PHIL 2440, PSYCH 1000, PTH AS 2201, PTH AS 2203, SOC 1000 AND STAT are degree requirements and may be taken to meet their respective Distribution of Content Areas. Admission to the professional practice phase (beginning with HDFS 4130 during the junior year) is based on a competitive application and interview process. Students must have attained a 3.2 cumulative GPA, completed HDFS 4085 and HDFS 3500, and be enrolled in (or have also completed) HDFS 3700 at the time of application. Students are admitted to HDFS 4993 after successful completion of HDFS 4130 (grade of 3.0 or higher) and all other coursework. Students must be selected by approved child life clinical internship programs through a student-initiated, competitive application process.*

*This academic emphasis requires that students successfully complete a child life volunteer practicum, and clinical internship experiences to attain this degree, as well as be eligible to take the Child Life Professional Certification Examination to obtain the CCLS credential. Clinical education sites require that students provide proof of health insurance, up-to-date immunizations, and student professional liability insurance. Students also must pass mandatory drug screens, criminal background checks, and any other required qualification checks prior to beginning any clinical education experience in child life. Failure to provide appropriate documentation, or pass drug screens and criminal background checks prior to the beginning of these experiences may result in dismissal from the child life degree program in HDFS. The student is responsible for all costs incurred with these qualification checks.*

# Child Life Specialist

## Sample Course Guide

<b>Fall I</b>		<b>Spring I</b>	
ENG 1000 Exposition and Argumentation	3	BIO SC 1010 Gen Principles & Concepts of Bio	3
GN HES 1100 Intro to Human Envr Sciences	1	HDFS 2300 Multicultural Study Children/Family	3
HDFS 1600 Foundations of Family Science	3	HDFS 2400W Principles of Human Development	4
Humanities	3	MATH 1100 College Algebra	3
<u>PSYCH 1000 General Psychology</u>	<u>3</u>	<u>SOC 1000 Introduction to Sociology</u>	<u>3</u>
<b>Total</b>	<b>13</b>	<b>Total</b>	<b>16</b>

<b>Fall II</b>		<b>Spring II</b>	
COMMUN 1200 Intro to Speech Communication	3	CDS 2190 Medical Terminology	3
HDFS 3050 Child Development Birth to 3	3	HDFS 2200 Research Methods in HDFS	3
HDFS 4085 Problems-Child Life Volunteer	1	HDFS 3150W Child Development 4-8	3
History or Political Science	3	HDFS 3500 Infant-Toddler Practicum	6
PTH AS 2201 Human Anatomy Lecture	3	<u>PTH AS 2203 Human Anatomy Lab</u>	<u>2</u>
<u>Statistics</u>	<u>3</u>	<b>Total</b>	<b>17</b>
<b>Total</b>	<b>16</b>		

<b>Fall III</b>		<b>Spring III</b>	
HDFS 3700 Preschool Practicum	6	HDFS 3430 Adolescence and Young Adulthood	3
HDFS 4100 Children in Healthcare Settings	3	HDFS 4110 Child Life Theory & Practice	3
HES Foundation: NEP 1034 Intro to Human Nutrition, or NEP 2222 Landscape of Obesity	3	HDFS 4130 Child Life Practicum	3
<u>HES Foundation: FINPLN 2183 Pers. &amp; Family Finance</u>	<u>3</u>	HDFS 4400 Childhood Death & Bereavement	3
<b>Total</b>	<b>15</b>	<u>HDFS 4700 Children &amp; Families in Poverty, or HDFS 4720 Child &amp; Family Advocacy</u>	<u>3</u>
		<b>Total</b>	<b>15</b>

<b>Fall IV</b>		<b>Spring IV</b>	
General Elective	1	<u>HDFS 4993 Internship in HDFS</u>	<u>15</u>
HDFS 3600 Partnering with Parents and Families	3	<b>Total</b>	<b>15</b>
HDFS 3800 Children's Play	3		
PHIL 2440 Medical Ethics	3		
<u>Supporting Course</u>	<u>3</u>		
<b>Total</b>	<b>13</b>		