



Department of Human Development and Family Science

Degree Program Requirements for Families and Lifespan Development

Degree Program Requirements include General Education courses; HES College requirements; and Professional Program courses. Students must have a **2.50 MU Cum GPA** on or before 60 hours are completed to be admitted to the professional program.

GENERAL EDUCATION

English: 3 hours

- *ENGLISH 1000: Exposition and Argumentation
Two Writing Intensive courses: One must be in the major.
Prerequisite: ENGLISH 1000 with a grade in the C range.
- HDFS 2400 Principles of Human Development (4)
- HDFS 3420 Early and Middle Childhood (3)

*Mathematics: 3 hours

- MATH 1100: College Algebra
Math Reasoning Proficiency course. Prerequisite: MATH 1100 with a grade in the C range.
- _____

American History or Government: 3 hours

- HIST 1100, 1200, 1400, 2210, 2440, 4000, 4220, 4230,
or POL SC 1100, 1700, 2100

Distribution of Content: 27 hours

- Courses approved for the Distribution of Content may be found at: <http://generaleducation.missouri.edu/requirements/>
- Choose at least one course numbered 2000 or higher in **two** different areas of the distribution.

Biological, Mathematical and Physical Sciences: 9 hours

At least one Biological or Physical Science and its related laboratory. Two different areas of science must be completed. NEP 1340 may count as Biological Science, but not 'double count' as an HES Foundation.

(Recommend ESC PS 4170)

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Social and Behavioral Sciences: 9 hours

At least two different departments must be represented. American History or Government course may 'double count.' (Recommend PSYCH 1000 & RU SOC 1000 or SOCIOLOGY 1000.)

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Humanities and Fine Arts: 9 hours

At least one course from two different departments must be represented. COMMUN 1200 may 'double count.' (Foreign language is an exception. A minimum of 12-13 hours of the same foreign language must be taken to fulfill the Humanities requirement.)

(Recommend PHIL 1100 or PHIL 2440.)

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*Capstone Experience

Completed in either of the last two semesters of coursework.

- HDFS 4970 HDFS Capstone (4)

HES COLLEGE

Foundation Courses: 6-7 hours

- FINPLN 2183 Personal and Family Finance (3), or
FINPLN 4380 Assessing the American Dream (3)
- GN HES 1100 Intro to Human Environmental Sciences (1)
(Required for freshmen; recommended for transfer students.)
- NEP 1034 Nutrition, Concepts and Controversies (3), or
NEP 2222 Landscape of Obesity (3)

Communication: 3 hours

COMMUN 1200 may 'double-count' as Humanities, or COMMUN 3571 may 'double-count' as an upper-level Behavioral Science.

- Choose from COMMUN 1200, 3571, 3575

* Courses in these categories must be completed with a grade of C- or better.



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HDFS 1600 must be taken before HDFS 2300 or any 3000 or 4000-level HDFS course. Students who wish to seek the Certified Family Life Educator credential please see bottom of this page for more information.

Required Courses (56-59 hours)

- ¹HDFS 1600 Foundations of Family Science (3)
- ¹HDFS 2200 Research Methods in HDFS (3)
- ¹HDFS 2300 Multicultural Study of Children and Families (3)
- ¹HDFS 2400 Principles of Human Development (4) (WI)
- HDFS 2450 Human Sexuality Across the Lifespan (3)
- ¹HDFS 3420 Early and Middle Childhood (3) (WI)
- HDFS 3430 Adolescence and Young Adulthood (3)
- HDFS 3440 Adulthood and Aging (3)
- HDFS 3500 Infant-Toddler Development & Programs (6) **or**
HDFS 3700 Child Dev Lab (6) **or**
HDFS 3730 Field Training (3)
- HDFS 4610 Stress and Resilience in Families (3) **or**
HDFS 4700 Children and Families in Poverty (3)
- HDFS 4620 Family Interaction (3)
- HDFS 4640 Interpersonal Relationships (3)
- +HDFS 4970 HDFS Capstone (4) (WI)
- +HDFS 4993 Senior Internship (3)
- PHIL 1100 Introduction to Ethics (3) **or**
PHIL 2440 Medical Ethics (3)
- PSYCH 1000 Introduction to Psychology (3)
- SOCIOL 1000 Introduction to Sociology (3) **or**
RU SOC 1000 Introduction to Rural Sociology (3)
- STAT 1200 Introductory Statistical Reasoning (3) **or**
STAT 1300 Elementary Statistical Reasoning (3) **or**
STAT 1400 Statistical Analysis (3) **or**
ESC PS 4170 Intro To Applied Statistics (3)

Superscript ¹ marks core courses in which students must earn a 2.0 or better.

+instructor consent and senior standing

Related Electives (24 hours)

Choose from among the following:

- HDFS 1610 Intimate Relationships & Marriage (3)
- HDFS 3085 Problems (1-3) **or**
HDFS 4085 Problems (1-3)
- HDFS 3090 Research Experience in HDFS (1-6)
- HDFS 3500 Infant-Toddler Development & Programs (6)
(if not taken as a required course-- see left column)
- HDFS 3600 Partnering with Parents and Families (3)
- HDFS 3700 Child Dev Lab (6)
(if not taken as a required course-- see left column)
- HDFS 3730 Field Training (3)
(if not taken as a required course-- see left column)
- HDFS 3800 Children's Play (3)
- HDFS 4001 Topics
- HDFS 4090 Advanced Research Experience (1-6)
- HDFS 4200 Latino /a Youth and Families (3)
- HDFS 4300 Black Families (3)
- HDFS 4400 Childhood Death and Bereavement (3)
- HDFS 4420 Environmental Influence on Lifespan
Cognition (3)
- HDFS 4570 Administration of Programs for Children and
their Families (3)
- HDFS 4610 Stress and Resilience in Families (3)
- HDFS 4630 The Process of Divorce (3)
- HDFS 4700 Children and Families in Poverty (3)
- HDFS 4720 Child and Family Advocacy (3)
- Other HDFS courses or courses from areas such as
Anthropology; Black Studies; Educational, School and
Counseling Psychology; Social Work; Psychology; Sociology;
Communication Studies; Gender and Women's Studies. (0-6
maximum) These may count toward related electives, but
they must be approved by your adviser prior to enrollment.
Must be a 3000+ level course.*
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- _____

Minimum of 120 credit hours must be completed.

Courses required for Certified Family Educator can be found at <http://hdfs.missouri.edu/current.html> under the CFLE Certification information.



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Recommended Course Sequence

Fall I

English 1000 Exposition & Argumentation	3
GN HES 1100 Intro to Human Envr Sciences	1
HDFS 1600 Foundations of Family Science	3
NEP 1034 Nutrition Concepts & Controversies	3
PSYCH 1000 General Psychology	3
Science	1
Total	14

Spring I

HDFS 2400 Principles of Human Development	4
HDFS Related Elective	3
Humanities	3
MATH 1100 College Algebra	3
SOC 1000 Intro to Sociology	3
Total	16

Fall II

HDFS 2200 Research Methods in HDFS	3
HDFS 2300 Multicultural Study of Child	3
HDFS Related Elective	3
Humanities	3
Philosophy 1100 or 2440	3
Total	15

Spring II

HDFS 3420 Early & Middle Childhood	3
HDFS 3430 Adolescence & Young Adulthood	3
HDFS Related Elective	3
History or Political Sciences	3
Statistics	3
Total	15

Fall III

COMMUN 1200 Intro Speech Communication	3
FINPLN 2183 Personal & Family Finance	3
HDFS 3440 Adulthood & Aging	3
HDFS 3730 Field Training	3
HDFS 4610 Stress and Resilience in Families	3
Total	15

Spring III

HDFS 4620 Family Interaction	3
HDFS Related Elective	3
HDFS Related Elective	3
Science	5
Total	14

Fall IV

HDFS 2450 Human Sexuality Across the Lifespan	3
HDFS 4640 Interpersonal Relationships (F)	3
HDFS 4970 HDFS Capstone	4
HDFS Related Elective	6
Total	16

Spring IV

General Elective	3-6
HDFS 4700 Children and Families in Poverty	3
HDFS 4993 Senior Internship	3-6
HDFS Related Elective	3
Total	15



Human Development & Family Science

Careers of Recent HDFS Graduates

Human Development and Family Science majors have many career options, some of which are available to graduates in any of the emphasis areas. Currently, only in the case of a Child Life Specialist position is a certification required. Those job titles that require the Child Life emphasis and the Child Life Council's Certification Exam are marked below with an *.

- **Child and Family Advocate** for child victims of abuse and neglect
- **Independent Living Specialist** for persons (of all ages) with disabilities
- **Program Coordinator** for After School Programs
- **Community Support Specialist** for teens or adults with mental illness
- **Trainer** for Child Care Providers
- **Assistant Teacher** in a university child development laboratory
- **Director of Residential Life** on a college campus
- **Social worker** for behavioral health center
- **HIV Case Manager** coordinating care and services for HIV positive adults
- **Substance Abuse Counselor** for adolescent and adult drug and alcohol treatment program
- **HIV Transitional Case Manager** for HIV positive offenders being paroled from prison
- **Counselor's Assistant** at a family counseling center dealing with families in crisis
- **Drug Court Counselor** providing substance abuse counseling and education for the courts
- **Certified Child Life Specialist*** on adolescent unit
- **Certified Child Life Specialist*** on a pediatric intensive care unit
- **Certified Child Life Specialist*** on hematology and oncology unit
- **Certified Child Life Specialist*** in a pediatric dental clinic
- **Director of Program Development** for boys' and girls' club or YMCA
- **Teach for America** teacher
- **Early Childhood Educator** at a family center
- **Restorative Justice Coordinator** for a women's center serving paroled women
- **Admissions Representative** at a university
- **International Admissions Evaluator and Residency Officer** for a university
- **County Extension Agent** in family and consumer sciences for a land grant university
- **Marriage and Family Therapist**
- **Library Assistant** doing children's programming
- **Legislative Aid** for U.S. Senator working on healthcare and education policy
- **Infant/Toddler Teacher** at a community child development center
- **Owner and Director of Private Child Care Facility**
- **Intake Counselor** at a crisis nursery and pregnancy resource center
- **Foster Care Case Manager**
- **Development Officer** for a children's hospital
- **Eligibility Specialist** for Section 8 Housing
- **Child and Family Advocate** for Head Start
- **Special Events Coordinator** for a children's hospital foundation
- **Youth Advisor** in YMCA teen leadership program
- **Child Protection Caseworker** working with child abuse and neglect cases
- **Family Drug Court Specialist** serving families of juveniles with alcohol/chemical dependency Program Specialist for Department of Defense programming for military families
- **Sexual Assault Therapist/Prevention Educator**
- **Care Coordinator** for an Area Agency on Aging
- **Counselor** at a college wellness center
- **Manager of Family Resources** at a children's hospital and medical center
- **Playworks Coach** in public schools
- **Activities Coordinator** at a pediatric hospice
- **Court Appointed Special Advocate** for children
- **Children's Bereavement Support Provider** for a funeral home
- **Bereavement Services Coordinator** in a children's hospital or hospice
- **Program Director** at camp for children who have special healthcare needs
- **Care Coordinator** for children with chronic and life-threatening illnesses
- **Children's Program Director** at center for families coping with serious illness
- **Early Intervention Services Provider** for children
- **Web Content Developer** for a website designed for children and families
- **Children's Advocate** at a women's shelter