



Department of Human Development and Family Science Degree Program Requirements for Child Development and Education

Degree Program Requirements include General Education courses; HES College requirements; and Professional Program courses. Students must have a **2.50 MU Cum GPA** on or before 60 hours are completed to be admitted to the professional program.

GENERAL EDUCATION

English: 3 hours

- *ENGLSH 1000: Exposition and Argumentation
Two Writing Intensive courses: One must be in the major.
Prerequisite: ENGLSH 1000
- HDFS 2400 Principles of Human Development (4)
- HDFS 3420 Early and Middle Childhood (3)

*Mathematics: 3 hours

- MATH 1100: College Algebra
Math Reasoning Proficiency course. Prerequisite: MATH 1100 with a grade in the C range.
- _____

American History or Government: 3 hours

- HIST 1100, 1200, 1400, 2210, 2440, 4000, 4220, 4230,
or POL SC 1100, 1700, 2100

Distribution of Content: 27 hours

- Courses approved for the Distribution of Content may be found at: <http://generaleducation.missouri.edu/requirements/>
- Choose at least one course numbered 2000 or higher in **two** different areas of the distribution.

Biological, Mathematical and Physical Sciences: 9 hours

At least one Biological or Physical Science and its related laboratory. Two different areas of science must be completed. NEP 1340 may count as Biological Science, but not 'double count' as an HES Foundation.
(Recommend ESC PS 4170)

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Social and Behavioral Sciences: 9 hours

At least two different departments must be represented. American History or Government course may 'double count.'
(Recommend PSYCH 1000, RU SOC 1000 and SOCIOL 1000.)

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Humanities and Fine Arts: 9 hours

At least one course from two different departments must be represented. COMMUN 1200 may 'double count.' (Foreign language is an exception. A minimum of 12-13 hours of the same foreign language must be taken to fulfill the Humanities requirement.)

(Recommend PHIL 1100)

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*Capstone Experience

- Completed in either of the last two semesters of coursework.
- HDFS 4971 Advanced Child Development Lab (9)

HES COLLEGE

Foundation Courses: 6-7 hours

- FINPLN 2183 Personal and Family Finance (3), **or**
FINPLN 4380 Assessing the American Dream (3)
- GN HES 1100 Intro to Human Environmental Sciences (1)
(Required for freshmen; recommended for transfer students.)
- NEP 1034 Nutrition, Concepts and Controversies (3), **or**
NEP 2222 Landscape of Obesity (3)

Communication: 3 hours

COMMUN 1200 may 'double-count' as Humanities, or COMMUN 3571 may 'double-count' as an upper-level Behavioral Science.

- Choose from COMMUN 1200, 3571

* Courses in these categories must be completed with a grade of C- or better.



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HDFS 1600 must be taken before any 3000 or 4000-level HDFS courses.

Required Courses (22 hours)

- 1HDFS 1600 Foundations of Family Science (3)
1HDFS 2200 Research Methods in Human Development & Family Science (3)
1HDFS 2300 Multicultural Study of Children and Families (3)
1HDFS 2400 Principles of Human Development (4) (WI)
1HDFS 3420 Early and Middle Childhood (3) (WI)
PHIL 1100 Intro to Ethics (3)
STAT 1200 or 1300 or 1400 or ESC PS 4170 Intro. to Applied. Stats. (3)

Specialization (45 hours)

- HDFS 3450 Health, Safety and Nutrition (3)
1HDFS 3500 Infant-Toddler Development and Programs (6)
1HDFS 3510/2510 Curriculum & Activities for the Early Childhood Setting (3)
HDFS 3600 Working with Parents (3)
1HDFS 3700 Child Development Laboratory (6)
HDFS 3800 Childrens Play (3)
HDFS 4420 Environmental Influences on Lifespan Cognition (3)
1HDFS 4570 Dev & Admin of Child Services Programs (3)
HDFS 4610 Stress and Resilience in Families (3) or HDFS 4700 Children and Families in Poverty (3)
HDFS 4720 Child and Family Advocacy (3)
HDFS 4971 Advanced Child Development Laboratory capstone (9)

Requirements in Related Areas (6 hours)

- LTC 4510 Assessment in Early Childhood Education (3)
SPEC Ed 4300 Introduction to Special Education for Regular Educators (3)

Supporting Coursework (12 hours)

Choose from among the following:

HDFS and areas such as Black Studies; Educational, School, and Counseling Psychology; Social Work; Psychology; Sociology; and Women's Studies. These must be approved by the adviser prior to enrollment.

- Blank checkboxes with lines for course selection

General Electives

- Blank checkboxes with lines for general elective selection

* Superscript 1 marks courses in which students must earn a 2.0 or better

Minimum of 120 credit hours must be completed.



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Recommended Course Sequence

Fall I

English 1000 Exposition & Argumentation	3
GN HES 1100 Intro to Human Envr Sciences	1
HDFS 1600 Foundations of Family Science	3
NEP 1034 Nutrition Concepts & Con	3
PHIL 1100 Intro to Ethics	3
Psych 1000 General Psychology	3
Total	16

Spring I

Biological Science w/Lab	5
HDFS 2400 Principles of Human Develop.	4
MATH 1100 College Algebra	3
SOC 1000 Intro to Sociology	3
Total	15

Fall II

FINPLN 2183 Personal and Family Finance	3
HDFS 2200 Research Methods	3
HDFS 3420 Early and Middle Childhood	3
HDFS 3510 Curriculum and Activities	3
Supporting Coursework	3
Total	15

Spring II

American History/Government	3
General elective	3
HDFS 2300 Multicultural Study Child./Famil	3
HDFS 3250 Professional Development	3
Statistics	3
Total	15

Fall III

General elective (Anthro 1000 recommended)	3
General elective	3
HDFS 3500 Infant-Toddler Dev & Prog	6
LTC 4510 Assessment in EC	3
Total	15

Spring III

COMMUN 1200 Intro Speech Communication	3
HDFS 3600 Working with Parents	3
HDFS 4420 Environ. Influences on Lifespan Cognition	3
HDFS 4610 Stress and Resilience in Families or HDFS 4700 Children and Families in Poverty	3
HDFS Elective	3
Science	1
Total	16

Fall IV

HDFS 3700 Child Development Lab	6
HDFS 3800 Childrens Play	3
HDFS 4570 Dev & Admin of Child Services Programs	3
SPC ED 4300 Intro to Spec Education	3
Total	15

Spring IV

HDFS 4720 Child and Family Advocacy	3
HDFS 4971 Adv Child Development Lab	9
Humanities	3
Total	15



Human Development & Family Science

Careers of Recent HDFS Graduates

Graduates of Human Development and Family Science have a wide array of career options, many of which are available to graduates of any of the HDFS emphasis areas. Currently, only Child Life positions require certification that is available only to those students completing all Child Life program requirements and passing the Child Life Council's Certification Exam.

- **Independent Living Specialist** with Services for Independent Living
- **Trainer for Child Care Providers** with Community Partnerships
- **Teach for America Compus Coordinator.** *Recruit teachers from campuses across US*
- **Director of Residential Life** on a college campus
- **HIV Case Management Supervisor**
- **Quality Assurance Officer and Project Director** for Phoenix Programs
- **Counselor's Assistant** at the Family Counseling Center
- **Drug Court Counselor**
- **Certified Child Life Specialist** at St. Louis Children's Hospital, Hematology & Oncology
- **Exceptional Education Teacher** at Metropolitan Public School in Nashville, TN
- **Associate Director - Webster University Office of Admissions**, St. Louis
- **Director of Program Development** for the Boys' Club of New York
- **Early Childhood Educator** at the Family Center in St. Louis
- **Lead Toddler Teacher** at Southeast Missouri State's Child Development Center
- **Child Life Specialist III** at the Children's Hospital of Los Angeles, CA
- **Restorative Justice Coordinator** for the Center for Women in Transition, St. Louis
- **Community Support Specialist** - Burrell Behavioral Health Child & Adolescent Services
- **County Extension Agent** in Family and Consumer Sciences at University of Arkansas
- **Marriage and Family Therapist** at McCambridge Center for Women
- **Therapist Dealing with Co-occurring Disorders** at Missouri Institute of Mental Health
- **Legislative Aid** for U.S. Senator in Washington, D.C.
- **Infant/Toddler Teacher** at Child Development Center of St. Louis Children's Hospital
- **Child Advocacy Center Clinical Coordinator** for Rainbow House
- **Owner and Director of Private Child Care Facility**
- **Intake Counselor** at the St. Louis Crisis Nursery
- **Foster Care Case Manager** for Boys and Girls Town of Missouri
- **Development Officer** for the University of Missouri Children's Hospital
- **Eligibility Specialist** for Section 8 Housing
- **Child and Family Advocate** at the Howard County Head Start
- **Special Events Coordinator** for the St. Louis Children's Hospital Foundation
- **Youth Advisor** for YMCA teen leadership program
- **Child Protection Caseworker** for Family Integrated Treatment Court
- **Employment and Training Coordinator** with Central Missouri Community Action
- **Director of Development** for Open Arms Pregnancy Resource Center
- **Child Life Specialist** at Ranken Jordan Pediatric Specialty
- **Pre-Kindergarten teacher** in an inclusion classroom
- **Director of Kay Senior Care Center**
- **Lead teacher** for a 4 to 5-year-old classroom at the YMCA
- **Family Specialist** with Division of Youth Services