FAshion Forward
TAM prepares student designers to succeed in the industry.

Tell Me About Truman the Tiger
David Schramm’s children’s book delves into Missouri’s mascot history.

Feature Story: iLab
The Immersive Visualization Lab (iLab) offers Architectural Studies students the opportunity to create and explore their work in 3D.
Table of Contents

4

Excerpts

10

Divisions

Textile and Apparel Management: A Salvadorian Success
Extension: Food Fest
Nutrition and Exercise Physiology: A Matter of Fat
Architectural Studies: Architectural Accolades
Personal Financial Planning: Budgetary Bliss
Human Development and Family Studies: Tell Me About Truman the Tiger
School of Social Work: Serving our Servicemembers

17

Alumni Update

18

Feature Story: A New Point of View

The iLab allows Architectural Studies students to design more efficiently.

22

New Faculty

23

Development

25

Class Notes

27

HES Spotlight: ‘70s Style – Museum Crawl highlights Costume Collection.
AS I LOOK AT THE ARRAY of Vanguard stories in this issue, I cannot help but think of one word — connections. In the College of Human Environmental Sciences, we connect our faculty and students to the ever-changing and challenging world around us in so many ways. In doing so, we strive each and every day to live our mission of making a difference in the lives of others — developing and nurturing human potential at every turn. For example:

- The School of Social Work is connecting students and faculty to military families through our evolving military social work program, making a difference in the lives of those affected by post-traumatic stress disorder, traumatic brain injury, family stress and violence and other military related influences on veterans and their families.

- The Department of Architectural Studies is connecting students to the contemporary world of three-dimensional visualization with its iLab, giving them the tools necessary to compete and succeed in the rapidly changing world of interior design.

- The Department of Textile and Apparel Management is connecting students and faculty to the global soft goods market by hands-on training experiences with companies in El Salvador, India and elsewhere.

- The Department of Personal Financial Planning is connecting students with practicing professionals in the financial planning industry through its annual symposia, and connecting its faculty and students to the rapidly growing financial planning industry in China.

- The Department of Human Development and Family Studies is connecting students and children in the newly renovated Red Door classroom, recently opened in Stanley Hall.

- The Department of Nutrition and Exercise Physiology is connecting to the public with its research and outreach in the obesity-prevention arena, with HES Extension programming reaching every county in the state of Missouri.

With this issue of the Vanguard, we are also connecting with our alumni and friends who are eager to learn of progress and planning towards continued excellence in our contributions to the society around us. I urge you to read the letter from Suzanne Rothwell, president of our dynamic and active HES Alumni Board, and connect with us by letting us know how you are doing and how we can make further strides in our efforts to address human needs and make a difference in the lives of others. I look forward to hearing from you.

Stephen R. Jorgensen
Dean
Fashion Forward
TAM prepares student designers to succeed in the industry.

FORMAL ATTIRE

Yan by Hannah was launched by Hannah Cusack and Linzee Safron in April 2011, during their sophomore year at Mizzou.

"I saw all the time, and Linzee is a marketing major, so we came up with the idea to utilize both of our passions and start a clothing line," explains Cusack, who is now a senior. "Linzee and I were able to make this all happen with dedication to the line and sacrifices. There are times when an order needs to be made, so I have to make that a priority over being a normal college student and going out on weekends. There is also a financial sacrifices you make when you start up, but the amount of people that have supported us is worth it!"

And so, after experimenting with Etsy, an online e-commerce shop, Yan by Hannah was born (Yan which rhymes with man, is Cusack's nickname). The fashion forward duo market their products as "feminine, fashion-forward event wear."

"I specialize in making garments for special events like birthdays, homecoming, prom, weddings and parties," Cusack says. "My goal is to provide the girl with a unique piece that she can't find in a department store; I strive to make everything one of a kind." Purchases can be made through the Yan by Hannah Facebook page, and customers can also interact with Cusack and Safron via their blog, Twitter or Instagram.

Yan by Hannah showed a collection of twenty garments at Kansas City Fashion Week in March, just two months before May graduation.

"We are 100 percent sure what will happen when we graduate, but I plan to keep updating people with my sewing projects, and I will never say no to anyone who asks me to make them an outfit," Cusack says. "If one day it could turn into something more than a small e-commerce business run by college students then that would be amazing. We can only go up from here!"

LITTEL BLACK DRESS

Ellie Schamel, who graduated in May 2012, showed three outfits for Little Black Dress, a ladies-only fundraiser that benefits True North of Columbia, a shelter that provides safety and services for victims of domestic and sexual violence. "The Little Black Dress event is a great opportunity for fashion students and young designers to display their talents and gain exposure while supporting a good cause within the Columbia, Mo. area," explains Schamel, whose designs included a black shift dress created for her little sister to wear to her 2012 high school prom, a black lace dress designed for Winter Formal 2012, and a black backless dress for 2012 NYE.

Schamel credits TAM with providing her the educational background and opportunity to develop and express her creativity. "I made my ideas become reality though keeping an open mind, experimenting and thinking outside the box, learning from my peers and having the drive to execute my ideas and decisions," she says. "Being able to work through construction problems and see my ideas come to life is one of the most rewarding parts of being a designer."

Schamel currently works as a product development assistant at Soft Surroundings Corporate Headquarters in St. Louis. "I have been working at Soft Surroundings for 3 months but am excited to grow and learn with the company," she says, noting that in her free time, she still enjoys creating her own designs.

LOUNGING AROUND

The attire in Memorial Union is usually pretty casual, but on April 17, occupants of Stoiler Lounge stepped it up a notch or two.

The Earth, Wind & Fire Fashion Show, presented by the Student Union Programming Board and the Union Arts Council, featured element-themed pieces from six student designers. Ten models displayed the garments, which were judged by three judges.

TAM senior Molly Akin received first place in her fashion show debut, as well as a $25 Visa gift card. Her first piece, "Earth & Wind," was inspired by the Creation Story in the book of Genesis and modeled by her sister. The vibrant colors and undulating flow of the fabric were meant to represent the beginning of the world, when life was breathed into existence. Akin's second garment, "Fire," was inspired by The Hunger Games and featured a red riding-hood cap and collar.

Akin, who began studying design after changing her major from pre-veterinarian sciences to Textile and Apparel Management, told the Maneater she was excited to see the crowd's reaction to her work and "actually being able to see my designs on the runway instead of just in my sewing room...I feel incredibly encouraged and energized to pursue something higher because I totally wasn't expecting this."

FORMAL ATTIRE PHOTO: Yan by Hannah Cusack at St. Charles Fashion Week.
LITTLE BLACK DRESS PHOTO: Black lace dress by Ellie Schamel.
LOUNGING AROUND PHOTO: "Earth & Wind" by Molly Akin.
A Keepsake Collaboration
Hallmark and Mizzou team up.

HALLMARK CHURNS OUT NEARLY 20,000 cards annually. Paper cards, that is. So when the Kansas City-based company decided to investigate digital greetings, it turned to Mizzou for help. "Hallmark was interested in involving digital natives to provide some fresh vision to their greeting card industry while we were interested in the documentation of a creative process that involved interdisciplinary collaboration and New Media," explains Dr. Newton D’Souza, assistant professor of Architectural Studies.

And so the Hallmark-Mizzou Creativity Workshop was born. The project was conducted with the support of the Creative Convergence Network (CCN), an interdisciplinary team of MU faculty representing creative areas in which New Media is having a profound impact. "Our goal is to try and facilitate convergences between diverse disciplines, which include departments of architecture, art education, textile design, theatre, film studies, instruction technology, museum, psychology, graphic design and computer science," D’Souza says. "Our work will culminate in a symposium named Mizzou International Symposium on Creativity and New Media scheduled for April 19-20, 2013."

As a part of this symposium, in July 2012, seven Mizzou students and the Creative Collections Group at Hallmark worked together to design a 21st century birthday celebration that goes beyond the old Hallmark model of "send a card" and instead responds to the new digital age user. This week-long process took place in the iLab (see page 18) on the MU campus and will be the subject of analysis at the Joint Creativity Assessment Workshop at the symposium.

“We were fortunate to have a strong Architectural Studies team including my colleague Dr. Bimal Balskhrishnan and graduate students from Design with Digital Media who worked tirelessly, putting in 12 hour workdays on the preparation and documentation of this project,” D’Souza says. The documentation included 20 hours of video feed to capture facial and body gestures using four video cameras, screen captures from seven computers, journaling and nightly diaries, and survey questionnaires.

“The students benefited by interacting with a world-class creative team including studio directors, business managers, editorial directors, multimedia professionals and archival personnel,” D’Souza says. “The project helped them think like professionals and gave them a rich experience for advancing their future creative careers.”
Exchange Rate
Chinese students attend Mizzou to become Certified Financial Planners.

The Department of Personal Financial Planning (PFP) has been around since the 1960s, so it's old enough to be considered a survivor across decades of budget cuts and restraints. Tough times create the need for ingenuity, and that's why the department has looked to exporting education. With encouragement from assistant professor Rui Yao, Chinese students are looking to Mizzou to become expert financial planners in their native country.

Financial planning is relatively new to the Chinese. There are only about 10,000 Certified Financial Planners in China compared to more than 65,000 in the U.S. "But the need is there," Yao says. "Along with the U.S., China also has a housing bubble - which may not be as dramatic as in the U.S. right now - and other economic challenges. The fast economic growth rate is unlikely to continue forever, and Chinese households must seek alternative investments. They need to learn how to allocate their assets to achieve returns, while managing risks, to help them reach their financial goals. Our programs have a lot to offer for the financial planning industry in China."

The collaboration began in 2009 when Yao traveled to Japan for the Asian Consumer and Family Economics Association (ACFEA) conference. There, she met professors from Beijing’s Renmin University. “We said we have a global economy; maybe MU should offer our courses to Chinese students,” remembers Yao, noting that PFP has several CFP®-registered programs. Graduates from those programs can sit for the Certified Financial Planner® exam upon graduation – a benefit that’s not available to students in China. “But if they collaborate with us, Chinese students can meet the education requirements for CFPs in the U.S. while getting their degree, which are recognized internationally,” she explains.

Mizzou currently offers two options for Chinese students: a 4+1 program in which students take some MU courses during their undergraduate work in China, then come to Mizzou for a one-year master’s program. The second option is a 3+1-1 program, in which students do three years of undergrad in China and a fourth year at Mizzou, earning a bachelor’s from their school in China. Then, they continue for a fifth year at Mizzou to earn their master’s degree. After completion of their program, students will be qualified to sit for the CFP® exam. Either way, if they pass the exam and choose to go back to China, they must take a one-week training in cross-country differences in financial planning followed by a test. If they pass, they can be certified in China.

Currently, Renmin University and Chongqing Technology and Business University each have two students at Mizzou. MU is signing on with Zhejiang Gongshang University, negotiating with Nanjing University of Finance and Economics and taking inquiries from others. “I hope it grows and stabilizes at about 30-40 students from partner universities each year,” says Department Chair Robert Weagley. “We’d like to see exchange programs develop where students from MU seek international experiences in Chinese universities.”

“It’s a win-win,” Yao says. “Our U.S. students have more diversity and the Chinese students learn about our culture and value system and have a wonderful opportunity to get started in a career.”

A by-product of the exchange is an increase in professors from China who have come to Mizzou on a research leave. Also, collaborative research projects between MU and Chinese professors have become more popular. Such cooperation naturally reduces cultural barriers and enhances the understanding of faculty at all participating universities. Importantly, this understanding increases economic cooperation, not only in research, but in establishing cooperative business enterprises. Yao and Weagley have each completed research with faculty and students at both Renmin and Tsinghua Universities.
The Call of Duty
Architectural Studies student Michael Ritchey serves in Afghanistan.

“Michael is observant to details and the guy you want to know because of his strong work ethic, loyalty, and dedication to family and community.” Dr. Ruth Tofle

IT MIGHT BE THE MOST DANGEROUS JOB in the world. Spc. Michael Ritchey, a member of the Missouri National Guard and Operation Enduring Freedom, conducts route clearance missions in Afghanistan.

Ritchey was deployed in August with the 1138th Engineer Company after spending 29 days training at Camp Crowder and Camp Clark for pre-mobilization training where he learned necessary skills for deployment such as weapons qualifications, route clearance operations and tactics, battle drills and warrior tasks.

Ritchey, a combat engineer, has been with the Missouri Army National Guard for six years and has already been deployed twice, in 2009 to 2010. For his most recent deployment, he waived his two-year stabilization time between deployments and extended his contract with the Missouri National Guard to go with the 1138th Engineer Company.

“I’m ready to go back,” Ritchey told a reporter for MoGuard.com. “I like what I do and I’d rather do this than anything else.”

Ritchey, who is pursuing an Architectural Studies degree, is scheduled to return to Columbia this spring, where he lives with his wife, Nicole, and their 1-year-old daughter, Kaylee. In the meantime, Architectural Studies faculty and students keep Ritchey and his family in their thoughts. “Before we left for winter break, the Architectural Studies student organizations collected donations so that we could send him a care package, as well as something for his wife and daughter,” says Hannah Ryman, an Architectural Studies student who met Ritchey in the computer lab, where he would often show his classmates the latest photos of Kaylee.

“Unfortunately with the way his deployments fell I only got to know Michael for a year,” Ryman says, “but I’m glad I got the opportunity to know such a great guy willing to make such a sacrifice!”

Architectural Studies department chair Ruth Tofle agrees. “Michael Ritchey brings honor to Architectural Studies, the University of Missouri and to our country,” she says. “We know Michael has a very dangerous job within the military and his friends are determined to give ongoing support and also to welcome him back home with the glory he deserves.”
ORMALLY FOLKS from the Chamber of Commerce preside over a ribbon cutting, but on Oct. 18, it was four children from Red Door who shared the spotlight. The 4 and 5 year olds helped introduce the community to the Child Development Lab’s (CDL) newest space—and new pre-K program.

CDL had the opportunity to improve its physical resources as part of the University’s renovation of Gwynn Hall. With the cooperation of the departments of Nutrition and Exercise Physiology and Personal Financial Planning and the guidance of Dean Stephen Jorgensen, HES was able to enact a plan in which PFP moved its Office for Financial Success upstairs, allowing the CDL to remodel the Stanley Addition to become the new Red Door.

Red Door now includes a pre-K program that meets the needs of older preschoolers. Because Columbia Public Schools do not allow children to enter kindergarten if their birthdays fall after Aug. 1, many children get bored with another year in their preschool classroom and would benefit being more challenged before heading off to Kindergarten the following year. “It is nice to have a new program in a new classroom and hope that it will be the beginning of a full CDL renovation,” says CDL Director Jessie Bradley.

This new space serves about 24 children and includes a restroom, storage space, Bradley’s office, a laundry room, and an observation room with cutting-edge audio and video equipment.

“This is now a state-of-the art classroom,” says Human Development and Family Studies co-chair Larry Ganong. “This project has encouraged us to reinvigorate our efforts to continue to renovate the entire CDL space.”

PHOTO BY AMY SANDERS

A Rosy Outlook

A graduate student’s campaign to help women boost self-esteem.

SELF-ESTEEM can be empowering, although for many college-aged women, self-esteem is also crippling and causes them to make uneducated decisions about diet, sex and relationships.

Enter Kelsey Lammy, a School of Social Work graduate student and founder of the Raising Our Self Esteem (ROSE) campaign, which targets women by helping them understand the underlying causes of their low self-esteem, ways to improve their self-esteem and the importance of helping other women raise their self-esteem. ROSE strives to help women learn how to empower themselves and others.

When Lammy was a freshman, she volunteered at Granny’s House, an after-school program for underprivileged children where she would often hear the girls make negative statements about themselves. “I decided to have a focus group with the girls in order to see how they were really feeling about themselves,” she remembers. “The focus group was eye opening; after hearing all their statements and reflecting back on my own struggle with my self-esteem, I decided something needed to be done.”

Thus ROSE began. Lammy created curriculum for an after-school program for elementary school girls as well as an interactive presentation for college women. “I realized I did not want to stop there,” Lammy says. “I decided I would do whatever possible to make ROSE a reality.” Since then, she’s received two grants to fund ROSE. She’s started an after-school program at a local elementary school with fifth grade girls, and she’s helped host Prom Closet, which gives prom dresses to underprivileged girls in the Columbia area.

“Everything about ROSE is rewarding,” says Lammy, who was honored with the Chancellor’s Excellence Award in leadership for her work in 2012. “Even though it’s a lot of work (and I don’t get paid), I love being able to help others. If I can help one girl or woman improve their self-esteem then everything was worth it.”
IN OCTOBER 2012, Michael Blumreich, president of the Office for Financial Success and Personal Financial Planning senior, entered the State Farm National Sales Competition. The event encourages students to embrace parts of the financial planning and insurance industries, such as how to market products, how to present oneself to a client and how to create a positive sales environment. “All of these tools ultimately help you as a financial planner or agent to be able to identify the clients’ needs so you can truly help them,” Blumreich explains. The competition was open to college students from around the nation and judged by top executives at State Farm.

Blumreich participated in a sales role-play competition, which was designed to simulate a client-agent interaction – first in a coffee shop and then in the agent’s office. The top four competitors advanced to the final round, which consisted of a more in-depth one agent, two client scenario. “The clients came in upset, due to a raise in their premiums, due to a claims audit in their area,” Blumreich remembers. “To be successful in this scenario you had to do damage control, and assess their current wants and needs to ultimately win the client over.”

To prepare for the event, Blumreich relied on previous internship experience and also advice from business school professor and coach of the MU team, Wayne Keene. “The competition was tough,” Blumreich says. “The students all came very well prepared, well trained and from reputable programs. It was an incredible feeling when they called my name as the first place winner of the State Farm Sales Role Play Competition.”

Blumreich received $4,500 in prize money, a plaque, a trophy and a giant foam check, which he’s since displayed on his bedroom wall. He’s also stayed in touch with his competitors via Facebook and LinkedIn. “The memories from this competition are ones I will not soon forget,” he says.

"This competition was an incredible opportunity, and I am thrilled I was selected to compete," says OFS President Michael Blumreich of the State Farm National Sales Competition. “I would do this competition again in a second, and I would also encourage anyone interested in the financial services industry – or just interested in sales – to compete."
MANY TEXTILES ARE MADE ABROAD and imported to the United States; few factories in third-world countries actually produce their own apparel lines. But for one factory in El Salvador, this is changing thanks to graduate students Laura McAndrews and Stephanie Link. With the help of Jung Ha-Brookshire, assistant professor of Textile and Apparel Management (TAM), the women spent six weeks in Central America educating factory employees in apparel product development.

"I selected them because of their experiences and expertise in apparel product development," Ha-Brookshire explains. "Stephanie is very good at pattern making and Laura used to be a product developer at the Gap and other companies."

McAndrews and Link partnered with the Salvadoran company TexOps, which is working to create its own brand of yoga apparel named "Wear It To Heart" (W.I.T.H.) that will be marketed in the United States. McAndrews and Link collaborated with TexOps managers and showed factory workers how to design patterns for the W.I.T.H. line as well as develop guidelines for fitting procedures.

"We helped teach factory workers how to make their own patterns and designs," McAndrews continues. "This will go a long way in helping them become more independent and profitable."

"Sharing our knowledge with the world is one of the key functions that the University must play," Ha-Brookshire says. "TAM is known for global business aspects of the textile and apparel industry, and our reputation made this possible; graduate students' direct experiences with businesses enhance their learning and teaching abilities. This was a win-win project for both the Salvadoran factory and TAM."

"This trip gave me an opportunity to experience a different perspective of the apparel industry," Link says. "I learned so much about the processes of mass production and gained incredibly valuable hands-on experience and knowledge."

McAndrews and Link say they hope to return to El Salvador in the future if the W.I.T.H. yoga line finds success. "Working with TexOps helped me learn how to verbalize what I already knew," McAndrews says. "I also gained a great deal of industry knowledge that will serve me well in the future."

Ha-Brookshire has big goals for the future, too. "El Salvador as a country sees TAM as an important career and educational discipline," she says. "I am hoping to be able to provide more knowledge and experience to El Salvador so the textile and apparel industry in El Salvador could continue to advance and become a major player in the global marketplace."
Food Fest
Mizzou showcases agriculture at the Smithsonian Folklife Festival.

The Smithsonian Folklife Festival, held annually on the National Mall in Washington, D.C., started in 1967 and highlights aspects of American culture that involve diversity, education and ingenuity. For the first time, the University of Missouri was invited to participate. As the first land grant university west of the Mississippi River, the school was a natural fit for the 2012 festival, which was themed "Campus and Community: Public and Land-grant Universities and the USDA at 150." This refers to 150 years after the United States Department of Agriculture was founded and the 150th anniversary of the Morrill Act, which set aside federal land for the use of higher education.

"I would say many people don’t understand what a land-grant university is," Jo Britt-Rankin, associate dean of the College of Human Environmental Sciences told the Columbia Tribune. "One hundred and fifty years ago, the Morrill Act was signed so we could take research being conducted in a large institution and translate the results to bring them into educational programming for anybody in the state. We still do that today."

The Folklife Festival was divided into four areas that reflected the work of public land-grant universities and the USDA: agriculture, sustainable solutions, transforming communities and building on traditions. Mizzou was part of the latter and for 10 days in June and July, campus representatives presented Missouri history and culture beneath a 60-square-foot tent. Visitors learned how food travels from farm to plate, in addition to receiving information about Missouri produce, cheese making, wine tasting and agriculture. Cooking demonstrations and panel discussions were also held.

"Many of those who visited our booth remarked about the interdisciplinary work done at Mizzou in the area of food security, nutrition and food production," Britt-Rankin explains. "This opportunity allowed us to showcase the world class research, teaching and Extension efforts on this campus."

In correlation with the event, MU launched a smartphone app and website to help consumers see what produce is in season and how to prepare it. Visit seasonalandsimple.info to check it out for yourself.

---

Triple Berry Fruity French Toast
Courtesy of the University of Missouri Nutrition Extension program and featured on the festival’s Test Kitchen site.

**Ingredients**
- ½ cup blackberries
- ½ cup blueberries
- ½ cup raspberries
- ¼ cup sugar
- 2 eggs, beaten
- 4 slices whole wheat bread
- 4 tablespoons milk
- ½ teaspoon ground cinnamon
- 4 teaspoons butter

**Directions**
- In a microwave safe bowl, mix berries and sugar.
- Cook for 2 minutes; stir; cook for another 2 minutes.
- In a shallow bowl, combine eggs, milk and cinnamon.
- Dip a slice of bread in the egg-milk mixture; coat on both sides.
- In a skillet or griddle, melt 1 teaspoon butter over medium heat.
- With fork, place the dipped bread in skillet and cook for two minutes per side.
- Repeat with other slices of bread.
A MATTER OF FAT
NEP PROFESSORS INVESTIGATE OBESITY.

Diabetes develops when the body’s fat, liver and muscle cells do not respond correctly to insulin. As a result, blood sugar does not get into these cells, and when this happens, high levels of sugar build up in the blood (aka hyperglycemia).

“Although it is largely believed this is only due to increased obesity, we think it is more tightly linked to our sedentary lifestyle,” says Nutrition and Exercise Physiology (NEP) associate professor John Thyfault. “Thus, understanding how physical activity protects against the development of T2D or treats the condition will have a profound impact on the health of millions.”

Thyfault and his colleagues, NEP associate chair Jill Kanaley and assistant professor Heather Leidy, have collaborated on research for several years. “We all have common interests,” says Kanaley, stressing that the trio’s ultimate goal is to decrease obesity through increased activity. “We come at the same problems from different approaches.”

Thyfault, for example, studies how physical activity levels regulate glucose homeostasis and play a role in the protection or susceptibility for the development of type-2 diabetes. “I have a background studying how increased and decreased physical activity modulates glucose metabolism in skeletal muscle, the primary disposal site for glucose,” he says.

Kanaley studies issues related to type-2 diabetes and weight loss with diet and exercise. She looks at the effects of meal frequency and composition on the hormonal responses in obese individuals, and if exercise training will alter this response. “When we collaborate together, we’re looking at glycemic control throughout the day and the hormonal responses that go with that,” she says.

The team works mostly with obese individuals who have type 2 diabetes and examines how changes in meal composition like a higher protein diet impacts blood glucose levels. The “secondmeal effect” is also considered: How does one meal affect another? “We change breakfast, and look at the response at lunch,” Kanaley says. It’s quite literally food for thought.
ARCHITECTURAL STUDIES

Architectural Accolades
Students honor veterans with a new memorial.

Many small plaques in remembrance of veterans scatter the walls and grounds of the Memorial Union. The abundance of commemoratives has value, of course, but Marty Walker, director of administrative services in the College of Engineering, thought that perhaps one large memorial would also be appropriate. “It was decided that we could sort of consolidate those memorials,” Walker told the Columbia Missourian.

And so a joint effort between the Faculty Council Student Affairs Committee and the Chancellor’s Committee for Veterans and Military Affairs began. To launch the project, Walker contacted assistant professor in architectural studies Newton D’Souza, who then arranged for his 4000-level architecture studio students to develop designs that included brick and mortar as well as digital memorials.

After studying the layout and traffic flow in Memorial Union, 14 students submitted designs for the new campus memorial, which honors past, present and future MU veterans. The proposals were presented to the Faculty Council Student Affairs Committee. Three finalists—seniors Karen Johnson, Molly Landers and Samantha Matthews—then presented their work to the Chancellor and his staff in February. Johnson’s design was chosen, and she will work with the administration and campus facilities to make the memorial a permanent part of Memorial Union.

“All three students understood the scope of the project in terms of implementation and feasibility,” D’Souza says. “Most of all, I feel their success can be attributed to how each designer communicated their design very effectively. When you work with real-world clients this is a critical factor.”

Because the students only had four weeks to come up with their initial designs, the finalists were able to fine-tune their work as they got further along in the selection process—which is important, because the new memorial will be a special, permanent place for remembrance and reflection.

“It means a great deal to have students’ work displayed so prominently,” D’Souza says. “But it also comes with a great deal of responsibility; we need to make the projects work for the community.”

And perhaps most importantly, it shows students that their work can have a real-world impact. The project, according to D’Souza, gives them cause “to relish something that they did during school as students and is something tangible that they can be proud of and share with their family for a lifetime.”

Proposal 1: Karen Johnson’s missing column proposal was inspired by the “missing man formation” (when military pilots fly in standard formation but with an empty space for their missing colleague).

Proposal 2: With veterans’ names listed on the glass front, Molly Landers’ design echoes the reflective nature of the Vietnam War Memorial in Washington, D.C.

Proposal 3: Samantha Matthews’ design includes a touch screen and a black granite wall in an alcove in the Memorial Union (one of the walls in the entry would be moved).

continued on page 14
Budgetary Bliss

MU hosts the third annual Financial Therapy Conference

Spending money to understand money? That’s the gist of financial therapy, which is defined by the Financial Therapy Association as “the integration of cognitive, emotional, behavioral, relational and economic aspects that promote financial health.”

“Basically, financial therapists are trying to help people be financially healthy, and they use a variety of skills to do that, including, in many cases, understanding a person’s beliefs about money and how those were formed and taking action to implement positive financial changes,” explains Ryan Law, Director of the Office for Financial Success and organizer of the third annual International Financial Therapy Association Conference.

The conference was held Sept. 23 to 25 at the University of Missouri’s Reynolds Alumni Center and was open to anyone with an interest in financial planning or counseling, marriage and family therapy, sociology, social work and psychology. Approximately 100 people attended from more than 10 universities – about a quarter of them students, such as Thomas Duffany, who is now a grad student at Texas Tech University. “This conference addresses the behavioral and relationship aspects of finance that tend to get overlooked in more traditional discussions of finance,” he says.

“While many of us would like to think that finances are all about the numbers, they aren’t. If they were, budgets would be easy to maintain and impulse spending would never be a problem.”

The conference included peer-reviewed presentations, research papers, research posters, roundtable discussions and two keynote speakers, including Carl Richards, who spoke on the first morning of the conference. Richards is the author of Behavior Gap: Simple Ways to Stop Doing Dumb Things with Money. “He told his personal story and talked about the importance of simplifying what we are teaching people, especially in the area of finance,” Law explains.

According to Duffany, Richards used simplistic, visual, drawings that hit the core of challenges that investors face in making their decisions and behaviors line up with their goals and plans. “Many of his sketches were funny because they point out errors in our thinking that are obvious when pointed out, but most of us overlook them as we go through our lives,” Duffany remembers.

Richards – and six other authors – participated in a book signing following the talk.

Although there weren’t many changes from previous conferences, which were held at Kansas State University and the University of Georgia, Law deemed the conference a great success. “Some said this was the best conference so far,” he says. “It was a lot of work, but I am happy we were able to showcase MU, the College of Human Environmental Sciences and the Personal Financial Planning department. All the work was worth it when we saw how much people were gaining from the conference.”
HUMAN DEVELOPMENT & FAMILY STUDIES

Tell Me About Truman the Tiger

David Schramm’s children’s book delves into Missouri’s mascot history.

There are few things more entertaining than a guy in a tiger suit – at least that was the case when David Schramm, assistant professor of Human Development and Family Studies, took his kids to an MU volleyball game a couple years ago. “We got there early, and we were giving high-fives to Truman,” Schramm remembers. As the game progressed, “I was trying to teach them about volleyball, but they just kept asking about Truman.”

Schramm told his children that Truman was named after President – and Missourian – Harry S. Truman. “Days later I started to wonder more about the history of Truman, and I started to dig,” Schramm says. “It was then that I thought how little most people, especially little children, know about their university mascot.”

During Schramm’s research, the idea for a children’s book was born. With some help from publisher MascotBooks.com, Tell Me About Truman the Tiger debuted on Nov. 1. The story is narrated by Grandpa Johnson (Schramm’s wife’s grandfather, who passed away in 1990) and stars Truman alongside Schramm’s two youngest children, Aubrey and Hayden. “They think they are just the coolest,” laughs Schramm, who shared the book in an assembly at the kids’ school, Mill Creek Elementary in Columbia.

Tell Me About Truman the Tiger is available in the MU Bookstore, Amazon.com, Barnes & Noble and Hy-Vee. Schramm distributed 600 copies in the first three weeks – enough to make a dent in his initial order of 2,000. “The stack in my garage is dwindling down,” he says.


In the meantime, Schramm is active in Columbia Cares for Kids (CCK), a coalition developed in 2010 with a mission to “bring families, professionals, and communities together to ensure emotionally healthy environments for children” via workshops, trainings, events and more. In March 2013, CCK teamed up with Columbia and Jefferson City Public Schools, the Daniel Boone Regional Library and Head Start programs to launch a community literacy initiative called March Reading Madness, during which elementary students were encouraged to read one million minutes (as a school district). To encourage kids, Truman and Mizzou athletes attended reading rallies at schools throughout mid-Missouri. “The book has turned into a much more exciting and bigger project,” Schramm says.

Tell Me About Truman the Tiger can be purchased online at MinutesandMascots.com for $15.

All Mizzou alumni receive a 15 percent discount if they enter the code MUALUM15OFF.
Serving Our Servicemembers
Katie Drobina receives the Military Social Work scholarship.

AFTER THREE SEMESTERS, Katie Drobina is among the first graduates of the Military Social Work certificate program. “I believe the certificate program has equipped me to better understand the current and impending issues facing our servicemembers, veterans and their families,” says Drobina, whose husband currently serves in the U.S. Army. “Understanding and helping with issues such as reintegration and readjustment, post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), marital and family issues, and military sexual trauma (MST) are just a few of the topics on which the certificate program focuses.”

Drobina was able to pursue the program with the help of a scholarship from Veterans United Home Loans. “My husband is stationed in Texas while I am completing my master’s degree,” Drobina explains. “We are paying two separate living expenses with one paycheck. This scholarship has helped me finance some basic expenses for my time in the program, and eases some of our burdens given the situation.” Drobina was awarded the scholarship because of her academic achievement and the quality of her application.

“Soldiers and their families sacrifice so much for our nation, our communities, and their families,” Drobina wrote in her application essay. “The least I can do is provide services to help with the transitions and demands they face daily.”

Drobina is currently finishing her final practicum at Ft. Leonard Wood in Missouri. She works with the Family Advocacy Program (FAP), which serves soldiers and their families facing domestic violence investigations. “Along with learning about and understanding the military system of handling these situations, I will be working closely with alleged offenders and family members through the processes of assessment and brief intervention,” she says.

Eventually, Drobina hopes to work with FAP as a victim advocate social worker provider on a military installation. She’d like to employ her interest in child abuse and neglect by serving on a case review committee, which utilizes a multidisciplinary approach to assist families medically, legally, and emotionally in the wake of child or spousal abuse.

Only time will tell where Drobina will work—she and her husband will likely spend the next 15 years living the active duty lifestyle. Drobina sees opportunity in moving around the country. “Not only does this provide me with the opportunity to experience new military environments regularly, but it also gives me the privilege to serve military personnel, veterans, and their families in a variety of places,” she says. “I believe that my education at the University of Missouri and the Military Social Work Graduate Certificate program have prepared me to enter the career field of military social work and serve the men, women, and families who daily serve us.”
President’s letter

A Bright Future

Happy 2013 to all our Human Environmental Sciences alumni! What an exciting year we’re having on the MU Campus. We’re in the midst of our first SEC season, so each and every sport is experiencing an energy we have not seen at this level for many years. There are anniversaries to celebrate (happy centennial Chi Omega!) and new construction around every corner. Not only will you find projects underway around Greek Town, but you will also find it at our very own Gwygn Hall. Construction is on schedule, and we excitedly look forward to the grand re-opening in Spring 2014. Please make plans to come back to Mizzou to help us celebrate this historic occasion.

We are fortunate to have a great leader for our College in Dean Stephen Jorgensen and world class faculty. We also are blessed to have one of the best student groups on campus. It’s my honor to serve as the president of the HES Alumni Board, partly because of the talented people I’m privileged to serve with: Amy Parris (vice president), Melissa Applegate (secretary), Tia Odom (immediate past president), Melissa Alabach, Martha Boswell, Tootie Burns, Laura Estes, Charlotte Gray, Bradley Harr, Jessica Humble, Mary Hughes, Lisa Klenke, Tim Lehmann, Karen Myers, Haley Schwarz, Amber Sears and Carolyn Wiley (ex officio). Thanks to our board members for their service and thanks to you for being an engaged alumni. We welcome you back on campus anytime! Please contact me with any comments or suggestions.

SUZANNE ROTHWELL
PRESIDENT, HES ALUMNI BOARD
Senior Director Public Relations,
Columbia College
srothwell@ccis.edu

HES ANNUAL HOMECOMING PIZZA PARTY
CELEBRATING MU’S 101ST ANNIVERSARY OF HOMECOMING

TOP: Although it was a chilly day, the pizza party still drew quite a crowd of alumni, faculty, staff, students and friends.
RIGHT: A cuddly pair of future tigers!
BOTTOM LEFT: Veronica Bonaparte, Personal Financial Planning Department, and her daughter Precious, are annual attendees at the Homecoming celebration.
BOTTOM RIGHT: HES Student Council and volunteers help to make the Homecoming Pizza Party a wonderful success!

FOR MORE WAYS TO BECOME INVOLVED as an alumnus or friend of HES, go to HES.missouri.edu/alumni_join. Your tax-deductible membership dues support alumni and student programs, communications, and outreach efforts on behalf of the College of Human Environmental Sciences!
A New Point of View

Story by Whitney Dreier

The iLab allows Architectural Studies students to design more efficiently.
The mission of the iLab is to advance immersive visualization techniques to enhance design thinking, design collaboration and construction planning through thoughtful integration and evaluation of state-of-the-art digital media tools.
UNTIL MAY 2010, room 233 in Stanley Hall was a combination design studio and resource library. "It was heavily used for students taking multiple beginning classes in drafting and visual design," explains Ruth Tofte, chair of the Architectural Studies department. Both studio space and the library, however, were trimmed down and relocated, which opened up 750 square feet for the Immersive Visualization Lab (iLab).

"We literally had to do physical labor," remembers assistant professor Rimal Balakrishnan, who was a driving force behind the creation of the facility. "We had to move four dumpsters of out-of-date materials."

The result is a large-screen, multi-projector virtual reality facility to support 3-dimensional visualization and tele-collaboration using a desktop-Virtual Reality approach. Three projectors backlight an 18-by-6-foot screen, which is the focus of the room. The panoramic screen allows for stereoscopic visualization and immersive experience, similar to 3D movies.

"It started with a simple idea: in the early stages of design, students have a hard time visualizing space and how an experience might be in that space," says Balakrishnan, who was involved with development and usability testing of the Immersive Environments Lab at Penn State University prior to joining the University of Missouri five years ago. "We take their work and let them navigate it - they take a walk around, look around, get a feel for the space, get close to objects and examine them."

After a series of designs and visualization sketches, students design a 3D space in programs such as SketchUP and 3D Studio Max. When their work is projected onto the high-definition screen, they put on 3D glasses and use a controller to "walk" through the space - they actually feel as if they are in the room they created. "On a computer, they are always outside the building; on a big screen, they are inside," Balakrishnan explains. The screen is wide enough to cover the viewer's peripheral vision, which enhances the experience.

"It's awesome to see your work up there," says junior Benjamin Schrimpf. "If you do a 3D model on the computer, you don't experience it; with the screens, you experience it."

Schrimpf's description aligns perfectly with the department's mission and goals for its students. "Strategies we embrace are learning-by-doing with hands-on experiences, digital learning, and providing our students with the latest tools in professional practice," Tofte explains. "This is how our program adds value to learning, and students become even more competitive in the marketplace."

The iLab is primarily used to showcase designs for design reviews and critiques. "It's much better than a PowerPoint - just having one or two images," says Balakrishnan, noting that you can fit a lot of images on an 18-foot-wide screen - and look at many of them at different angles. "You can cross-reference and mix 2D and 3D images. We're working to integrate 2D drawings and interactive 3D models."

The iLab is also increasingly being used to explore movement within a space. Architectural Studies instructors and students are gradually compiling a library of movements - they capture people doing basic tasks such as stirring a pot on the stove or washing their hair. These virtual people are then placed in computer generated 3D environments, and students can see if their spaces are appropriately sized for such actions. "If you're trying to build a new environment, and you want to see if you can function in that environment, this can help," Balakrishnan
says. “Now we can test with behavior.”

Currently, average size people – a 5-foot-11 male and a 5-foot-6 female – are being used as models, but other shapes, sizes and abilities of people will be added in the future. Eventually the movement library will include movements by people in wheelchairs. “We’re interested in collecting data on the elderly and disabled,” Schrimpf says. “So you could do anything – put a wheelchair in a kitchen space to see if it’s functional; we’re also interested in bathroom space. The research is allowing us to design more efficiently.”

Research will also be done by faculty and graduate students on large scale visualizations, stereoscopic displays and psychological experiences in virtual environments. For the latter, electroencephalogram (EEG) caps are worn by users to determine which parts of the brain are active during virtual navigation. Eventually, the iLab will be used for collaborative projects with organizations such as the School of Nursing and the MU Fire and Rescue Training Institute to develop simulations with an eye toward training.

And professors, of course, will incorporate the iLab into their curriculum. Balakrishnan, for example, is teaching an advanced visualization class in the spring. “What we’re trying to do is build a community so faculty can step back and students can take the initiative,” he says. “It’s already happening.” Some students, such as Schrimpf, have applied for grants that allow them to work in the lab as many as 10 hours a week. Others simply volunteer their time. “It’s a big team effort,” Balakrishnan says.

Tofle agrees, but gives Balakrishnan due credit. “While our work is a team effort as faculty and students work together to advance our program,” she says, “I appreciate the tremendous leadership Dr. Balakrishnan has displayed in spearheading the iLab.”

The iLab was built by Architectural Studies faculty and students with help from the college technology support staff. The whole facility cost a fraction of a standard commercial VR system which was not only a bargain, according to Balakrishnan, but also a smart decision. “We are not at the mercy of anybody – if technology changes, we can adapt,” he says. “This whole thing can come apart. If someone were to donate $20 million for a new building, we could still move our lab.”

There is one problem, however: “We would like to watch the Super Bowl,” Balakrishnan says. “But we don’t have cable.”
Academic Force
HES welcomes nine new faculty members.

Human Development & Family Studies
Sarah Killoren
Assistant Professor
Education: PhD, Arizona State University, 2008; MS, Arizona State University, 2005; BS, Pennsylvania State University, 2003.
Research interests:
- Family relationships, culture and Latina adolescent and young adult adjustment
- Contributions of parents and siblings to adolescents' sexual health and positive development
- Parent-adolescent and sibling relationship dynamics

Francisco Palermo
Assistant Teaching Professor
Education: PhD, Arizona State University, 2009; MS, University of Alabama, 2003; BS, Spring Hill College, 2000.
Research interests:
- Language-minority children's school readiness and early school success
- English vocabulary and literacy development
- Contributions of parent, teacher, and peer experiences

Nutrition & Exercise Physiology
Victoria Vieira Potter
Assistant Professor
Education: PhD, University of Illinois at Urbana-Champaign, 2009; MS, University of New Hampshire, 2004; BA, Wheaton College, 2001.
Research interests:
- The relationship between white adipose tissue (WAT) inflammation and systemic metabolic function (e.g., insulin resistance and fatty liver)
- How diet and exercise affect body composition and WAT inflammation
- How estrogen loss and estrogen receptor signaling affect WAT metabolic function
- Sex differences in WAT metabolic function

School of Social Work
Aaron Thompson
Assistant Professor
Education: PhD, University of North Carolina, 2012; MSW, Southern Illinois University, 2001; BS, Southern Illinois University, 1996.
Research interests:
- School and community service agency collaborations
- School-based interventions for children with social, emotional and behavioral health concerns
- Building self-determination for students with educational disabilities
- Site-based information systems to inform tiered response models

Kelli Canada
Assistant Professor
Research interests:
- Serious mental illness
- Clinical social work
- Older adults
- Mental health courts
- Criminal justice system and mental illness

Leigh Tenku
Associate Research Professor
Education: PhD, Saint Louis University, 2007; MPH, Saint Louis University, 1998; BS, Kent State University, 1976.
Research interests:
- Fetal alcohol spectrum disorders
- Screening brief intervention referral and treatment
- Preconception health
- Mental health of women
- Social and cultural context of health

Textile & Apparel Management
Myunghee Sohn
Assistant Professor
Education: PhD, University of Minnesota, 2012; MA, University of Minnesota, 2009; BA, Hanyang University, 2007.
Research interests:
- Apparel technology use in apparel product development and education
- Improved garment fit by visual analysis in digital space and development of body measurement methods
- Apparel product development based on the human body and movement using motion capture system

Tyler Jamison
Assistant Teaching Professor
Education: PhD, University of Missouri, 2012; MS, University of Missouri, 2008; BS, Miami University, 2006.
Research interests:
- Cohabitation: trends, types, and implications for relationships
- Emerging adulthood
- Couple and family resilience in the context of poverty
- Post-divorce family relationships

David Albright
Assistant Professor
Education: PhD, Florida State University; MSW, Florida State University; BA, Centre College.
Research interests:
- Health services research and evaluation
- Measurement development and validation
- Military personnel, veterans and their families
In Pursuit of Happiness

Interior designer Tracy Stearns returns to his alma mater.

"I have a 1980 tassel, a 1989 tassel, and Steve [Jorgensen] sent me a 2012 tassel," says Tracy Stearns, who completed most of his course work in 1980, received his degree in 1989 and delivered the HES commencement speech in 2012.

TECHNICALLY, TRACY STEARNS graduated from Mizzou in 1989 — that’s when he participated in commencement, and that’s what his diploma says.

Stearns, however, first enrolled at MU in 1975 and did the majority of his coursework before 1980. "I was a goofball back then," he says. "I didn’t know what I wanted to do." Stearns was an art major but made the switch to Interior Design (what would later become Architectural Studies) during his sophomore year. "Once I got there, I was like ‘OK, I found my calling,’" he remembers. "I feel totally blessed that I got into interior design."

Stearns excelled in the program, and shortly thereafter secured his first internship at the recommendation of department chair Kate Ellen Rogers. By the age of 27, he’d become a partner at the firm, which was great, except that he still hadn’t finished his degree — he was short one paper. But finally, in 1989, Stearns completed the lingering assignment and officially graduated from Mizzou.

Today, Stearns is a founding principal of 360 Architecture, a nationwide company that seeks to “inspire our people, partners, clients and community through design and a passion for excellence.” He focuses on interior design in sports, hospitality, retail and residential projects. Although he’s based in Kansas City, Stearns often works in Columbia; his past projects have included Mizzou Arena and the Taylor baseball stadium.

Professionally, Tracy is extraordinarily talented and gifted in graphic communication and design; he lives and breathes design all his waking hours, which led to his success,” says Dr. Ruth Tofte, department chair. “Meanwhile, Tracy doesn’t take himself that seriously. Tracy is a colorful, larger-than-life character because of his outgoing personality, amazing creativity, positive spirit, hard-working dedication, and fierce loyalty.”

Stearns, who is a long-time member of the Architectural Studies Advisory Board, also comes to Columbia to connect with students in the architectural studies program. “I don’t have any children, so it’s kind of like my kids when I go there,” he says. “I help them find internships and jobs.” Stearns attends thesis student critiques and routinely participates in the department’s “Day in the Life of a Designer” program each fall.

“He is also a charismatic leader in mentoring new Mizzou alumni he hires and nearly ‘adopts’ as aspiring designers to guide them into being productive professionals,” Tofte adds. “His loyalty extends to being a generous patron of our program — contributing to our Faculty Scholar Endowment and also a scholarship in honor of his beloved mother.”

When Dean Jorgensen asked Stearns to deliver the May 2012 commencement speech, he initially said no thanks. But then he “started thinking about it and realized that no one will remember.” So on Friday, May 11, 2012 he spoke to 250 HES graduates about finishing his last paper nine years late and eventually earning his degree. “My message was about finishing what you set out to do,” he says of his speech, which was delivered in Mizzou Arena. “My mom was all upset with me that I hadn’t graduated. I had my diploma sent to her.”
Gwynn Hall Naming Opportunities

Our Future:

Remember our past as we look to our future...

The University of Missouri slated Gwynn Hall for major renovations including gutting and overhauling beginning in October 2012, with completion scheduled for November 2013. The facelift will provide for a modern facility within historic Gwynn Hall. In addition to modern office space for faculty and staff, Gwynn will house: three centrally scheduled classrooms; student services/advising offices; high-tech laboratories; climate-controlled environment for the historic costume collection; enhanced Kellwood Apparel Production Laboratory; and an expanded human subjects laboratory for basic nutrition and exercise research that will also house MUNCH (MU Nutritional Center for Health).

Investing in our future...

There will be significant opportunities for alumni and friends to enhance the renovation outcome. Your investment could assist with updating technology, furnishing laboratories with new equipment; supporting research; and providing for student assistantships and faculty enhancement. Please consider supporting the College of Human Environmental Sciences (HES) and help frame our future.

Opportunities:

The renovated Gwynn Hall will create an environment where faculty and students succeed and fulfill the College’s mission to develop and nurture human potential.

Your Gift:

A gift to the College of Human Environmental Sciences for Gwynn Hall naming opportunities can take many forms: make an outright gift of cash; charge a gift on a Visa, MasterCard or Discover credit card; provide in-kind gifts; or make a gift in the form of securities. You may also choose to invest in the College in a number of other ways. Naming opportunities require University approval.

Contact:
Nancy L. Schultz
Senior Director of Advancement
573-882-5142
schultzn@missouri.edu
Liz Townsend Bird, BS HES ’96 TAM, and Scott Bird were married on July 6 in Breckenridge, Colo.

Antoine Predock, Hon. D.F.A. ’12 Arch. St., of Albuquerque, NM, received his honorary degree from the MU Department of Architectural Studies in Dec. 2012. Predock, a nationally recognized architect is known for his famous architectural designs, including his first national award-winning building, the Nelson Fine Arts Center at Arizona State University. He also served as the Healy Interior Design and Architecture Distinguished Lecturer in 2011 for the Department of Architectural Studies at the University of Missouri.

Shehnaz Rangwala, MS HES ’98 TAM, is program director for Leadership Africa USA, where she is responsible for the design, implementation and management of leadership programs for youth in the United States and Africa.

Allyson Fitzgerald Sebolt, BSW ’03 HES, of Lee’s Summit, Mo., and her husband Josh, announced the birth of Joanna Kay on Nov. 29, 2011.

Lisa Stubblefield, BS HES ’04 TAM, of Cuba, Mo., started her own business Front Porch, specializing in unique women and children’s apparel and accessories. She currently sells her items at five locations across Missouri and has numerous brands, including Gypsy Junkie and Young Trends.

Megan Birnbaum Widmer, BSW ’05 HES, MSW ’07, of Columbia, Mo., and her husband, Deron, announce the birth of Bryce Matthew on Nov. 15, 2012.

IN MEMORIAM


Kathleen Boeckstiegel, BS HE ’54 TAM, of Shoreline, Wa., February 2012.
HES ALUMNI AND FRIENDS
AWARD WINNERS
PRESENTED AT THE HES WEEK LUNCHEON
ON MARCH 22, 2012

Citation of Merit Award winner, Gayle McHenry (BS '79, MSW '84) with her family, friends and co-workers.

New Professional Award winner, Anne Kramer (BS '04 EDn) with Alumni Board president Suzanne Rothwell, Dean Stephen Jorgensen and Chancellor Brady Deaton.

Distinguished Service Award winner, Eleanor Frasier (BS '61 HE Ed, MS '65 Ed, Ed.D '93).

Roy and Martha Fortner: Forging a legacy of nutrition and financial education at MU and HES.

Martha Fortner, BS ED '64, and Roy Fortner, BS BA '64, met in high school band. When Roy went to MU, Martha soon followed. Wasting no time, Martha said, “We graduated one weekend and got married the next.”

With Martha’s home economics degree, raising a family and Roy’s business in financial planning, the Fortner’s had a vision for helping others learn the importance of both nutrition and personal finances. In 2012, Roy and Martha Fortner set up bequests that will establish scholarships for students in the Department of Nutrition and Exercise Physiology and the Department of Personal Financial Planning in the MU College of Human Environmental Sciences.

For information about how you can make a planned gift to the MU College of Human Environmental Sciences, contact Nancy Schultz, senior director of development.

Phone: 573-884-5142
Email: HESDevelopment@missouri.edu
HES SPOTLIGHT

'70s Style

Museum Crawl highlights Costume Collection.

The new HES facilities might be state-of-the-art, but its costume collection is a thing of the past. We mean that in a good way. Traditionally, selections from the collection are displayed during the MU Campus Gallery and Museum Crawl in Gwynn Hall. However, because the building is undergoing renovations, the annual event was held across campus at the Journalism School. Sponsored by Art-i-Fact, a collaborative consortium of MU campus art, science, culture and history organizations, the new location allowed a different — and larger — audience to view the collection.

Under a “That’s So ‘70s” theme, 12 items were displayed in the high-ceiling rotunda of Lee Hill Hall. “The most challenging part was having to limit the number of artifacts for the event; there are only so many that can realistically be featured in an exhibit that lasts only four hours,” recalls Nicole Johnston, manager of the Missouri Historic Costume and Textile Collection. “Researching, dressing, transporting, setting up and taking down the 12 we selected was challenging enough; it’s quite easy to get carried away when you have such a fun treasure chest like the Collection at your fingertips!”

Faculty and staff from across campus attended on the afternoon of Sept. 8, many of them sharing memories of wearing similar fashions back in the day. “The ‘70s music we selected helped create a fun, inviting atmosphere, especially when you saw kids, parents, faculty and students of all ages singing and dancing along,” Johnston says. “The decade of the ‘70s wasn’t that long ago, which helps make the clothing so much more relatable to both younger and older generations.”

“It’s successful when you can make history interesting and enjoyable to today’s youth and community,” Nicole Johnston says, “and I would say we accomplished that.”

A variety of students, faculty and those from the Columbia community stopped by to visit the “That’s So ‘70s” exhibit during the MU Campus Museum and Gallery Crawl in September 2012.
Stay in Touch!

Send your news to:
SandersAL@missouri.edu
(please note in the subject line: Magazine News)

or mail to:
Editor, Vanguard magazine
Human Environmental Sciences
University of Missouri
14 Gwynn Hall
Columbia, MO 65211

Include: name, address, degree, graduation date, business information, phone, e-mail

hes.missouri.edu
Find us on Facebook
@Mizzou College of Human Environmental Sciences