



Department of Human Development and Family Studies

Degree Program Requirements for Families and Lifespan Development

Degree Program Requirements include General Education courses; HES College requirements; and Professional Program courses. Students must have a **2.50 MU Cum GPA** on or before 60 hours are completed to be admitted to the professional program.

GENERAL EDUCATION

*English: 3 hours

- ENGLSH 1000: Exposition and Argumentation
Two Writing Intensive courses: One must be in the major.
Prerequisite: ENGLSH 1000
- HDFS 2400 Principles of Human Development (3)
- HDFS 3420 Early and Middle Childhood (3)

*Mathematics: 3 hours

- MATH 1120: College Algebra
Math Reasoning Proficiency course. Prerequisite: MATH 1120 with a grade in the C range.
- _____

American History or Government: 3 hours

- HIST 1100, 1200, 1400, 2210, 2440, 4000, 4220, 4230, or POL SC 1100, 1700, 2100

Distribution of Content: 27 hours

- Courses approved for the Distribution of Content may be found at: <http://generaleducation.missouri.edu/requirements/>
- Choose at least one course numbered 2000 or higher in **two** different areas of the distribution.

Biological, Mathematical and Physical Sciences: 9 hours

At least one Biological or Physical Science and its related laboratory. Two different areas of science must be completed. NUTR S 1034 or 1340 may count as Biological Science, but may not 'double count' as an HES Foundation.

(Recommend ESC PS 4170)

- _____
- _____
- _____
- _____

Social and Behavioral Sciences: 9 hours

At least two different departments must be represented. American History or Government course may 'double count.'

(Recommend PSYCH 1000 and SOCIOL 1000.)

- _____
- _____
- _____

Humanities and Fine Arts: 9 hours

At least one course from two different departments must be represented. COMMUN 1200 may 'double count.' (Foreign language is an exception. A minimum of 12-13 hours of the same foreign language must be taken to fulfill the Humanities requirement.)

(Recommend PHIL 1100 or PHIL 4510.)

- _____
- _____
- _____

*Capstone Experience

Completed during last two semesters of coursework.

- HDFS 4970 HDFS Capstone (section 1) (3)

HES COLLEGE

Foundation Courses: 6-7 hours

- GN HES 1100 Intro to Human Environmental Sciences (1)
(Required for freshmen; recommended for transfer students.)
- FINPLN 2183 Personal and Family Finance (3) or
- NUTR S 1034 Nutrition, Concepts and Controversies (3)

Communication: 3 hours

COMMUN 1200 may 'double-count' as Humanities, or COMMUN 3571 may 'double-count' as an upper-level Behavioral Science.

- Choose from COMMUN 1200, 3571, 3575

* Courses in these categories must be completed with a grade of C- or better.



Department of Human Development and Family Studies
Degree Program Requirements for Families and Lifespan Development

Superscript 1 means you must earn a 2.0 or better in the course. HDFS 1600 must be taken before HDFS 2300 or any 3000-level HDFS courses. Courses with a superscript 2 are required for students who which to seek the Certified Family Life Educator credential (see bottom of this page for more courses required for CFLE).

Required Core Courses (44-50 hours)

- STAT 1200 Introductory Statistical Reasoning (3) or
STAT 1300 Elementary Statistical Reasoning (3) or
STAT 1400 Statistical Analysis (3) or
ESC PS 4170 Intro To Educational Statistics (3) or
SOCIO 4120 Social Statistics (3)
1,2HDFS 1600 Foundations of Family Studies (3)
2HDFS 2200 Research Methods in HDFS (3)
1HDFS 2300 Multicultural Study of Children and Families (3)
1,2HDFS 2400 Principles of Human Development (4) (WI)
2HDFS 2450 Human Sexuality Across the Life Course (3)
1HDFS 3420 Early and Middle Childhood (3) (WI)
HDFS 3430 Adolescence and Young Adulthood (3)
HDFS 3440 Adulthood and Aging (3)
HDFS 3500 Infant & Toddler Development Lab (4) or
HDFS 3700 Child Development Lab (6) or
HDFS 3710 Child & Family Development Lab (3) or
HDFS 3730 Field Training (3)
HDFS 4620 Family Interaction (3)
1,2HDFS 4640 Interpersonal Relationships (3)
2HDFS 4970 HDFS Capstone (4)
2HDFS 4993 Senior Internship (3-6)

Minimum of 120 credit hours are required to complete this degree program.

Related Elective (Choose 24 hours from the following courses)

- HDFS 1610 Intimate Relationships & Marriage (3)
HDFS 3500 Infant & Toddler Development Lab (4) (if not taken as a required core course-- see left column)
2HDFS 3600 Working with Parents (3)
HDFS 3700 Child Development Lab (6) or
HDFS 3710 Child & Family Development Lab (3) (if not taken as a required core course-- see left column)
HDFS 3730 Field Training (3) (if not taken as a required core course-- see left column)
2HDFS 4300 Black Families (3)
HDFS 4400 Childhood Death and Bereavement (3)
HDFS 4570 Development & Administration of Child Services Programs (3)
2HDFS 4610 Stress in Families (3)
2HDFS 4630 The Process of Divorce (3)
2HDFS 4700 Children and Families in Poverty (3)
2HDFS 4720 Child and Family Advocacy (3)

Supporting Coursework (0-7)

Choose courses from Black Studies; Educational, School, and Counseling Psychology; Social Work; Psychology; Sociology; Communication Studies; Gender and Women's Studies.

These must be approved by your advisor in advance.

- Three empty checkboxes with lines for course selection.

In addition to the asterisked courses above, FINPLAN 2813 and one of the following Ethics courses are required for the Certified Family Life Educator (CFLE) credential, PHIL 1100, PHIL 2400 or PHIL 4150.



Department of Human Development and Family Studies
 Degree Program Requirements for Families and Lifespan Development
Recommended Course Sequence

Fall I

HES 1100 Intro to Human Envr Sciences	1
HDFS 1600 Foundations of Family Studies	3
NUTR S 1034 Nutrition & Current Concepts	3
English 1000 Exposition & Argumentation	3
PSYCH 1000 General Psychology	3
Total	13

Spring I

HDFS 2400 Principles of Human Development	4
Anthropology 1000 General Anthropology	3
SOC 1000 Intro to Sociology	3
MATH 1120 College Algebra	3
Humanities	3
Total	16

Fall II

HDFS 2450 Human Sexuality	3
HDFS 3420 Early & Middle Childhood	3
Related Elective	3
Philosophy	3
Statistics	3
Total	15

Spring II

HDFS 2200 Research Methods in HDFS	3
HDFS 2300 Multicultural Study of Child	3
History or Political Science	3
Science	1
HDFS 3430 Adolescence & Young Adulthood	3
HDFS Related Elective	3
Total	16

Fall III

HDFS Child Devel Lab or Field Trng	3-6
HDFS Related Elective	3
FINPLN 2183 Personal & Family Finance	3
Biology 1010/1020 w/ lab	5
Supporting Coursework	1
Total	15-18

Spring III

HDFS 3440 Adulthood & Aging (S)	3
HDFS 4620 Family Interaction (S)	3
HDFS Related Elective	3
COMM 1200 Intro to Speech Communication	3
Supporting Coursework	3
Total	15

Fall IV

HDFS 4970 HDFS Capstone	4
HDFS 4640 Interpersonal Relationships (F)	3
Related Elective	3
Related Elective	3
Supporting Coursework	3
Total	16

Spring IV

HDFS 4993 Senior Internship	6
Related Elective	3
Related Elective	3
Total	15



Human Development & Family Studies

Examples of Careers Pursued by Graduates of the Program

HDFS opens the door to exciting and varied opportunities with families, children, adolescents, and adults, across the nation. The following lists gives examples of the types of careers for which HDFS majors are prepared.

Examples of graduates' positions:

- ◆ Child Life Specialist at Tchildren's hospitals, Houston, Chicago Columbia and Kansas City
- ◆ Director of Outpatient Services at the University of Nebraska Medical Center, Omaha, NE
- ◆ Director of Women's Shelter, Little York, NY
- ◆ Area Human Development Specialists with University of Missouri Extension in various cities
- ◆ Parent Educator for a Child Oncology Unit at the University of Missouri Medical Center, Columbia, MO
- ◆ Director of Parent Link, resource and referral organization
- ◆ Parent Educator for the National Center of Parents as Teachers Program, St. Louis, MO
- ◆ Employees of Child Care Resource and Referral Agencies, Houston, TX and Granite City, IL
- ◆ Counselor for Families in Crisis at Community Treatment Center, Farmington, MO
- ◆ Assistant Instructor for the Child Development Laboratory, University of Missouri-Columbia
- ◆ Director of Child Care Center, Ashland, MO
- ◆ Director of Aspen Children's Center, private child care, Independence, MO
- ◆ Supervisor, Community Education, Department of Elementary and Secondary Education, Jefferson City, MO
- ◆ School-Age Child Care Coordinator, Missouri Voluntary Accreditation, Columbia, MO
- ◆ Youth Program Planner and Evaluator, U.S. Army

Types of Positions Available:

- ◆ Family Divorce Mediator
- ◆ Pre-school, Head Start, or child care program teacher or director
- ◆ School or Head Start program parent coordinator
- ◆ Federal, State, or community agency case worker (e.g., Division of Family Services)
- ◆ Adolescent drop-in center director
- ◆ Family and marriage enrichment program career
- ◆ Foster care or adoption agency counselor or director
- ◆ Family planning counselor
- ◆ Child abuse and neglect counselor
- ◆ Spouse abuse counselor or program director
- ◆ Drug and alcohol abuse counselor or program director
- ◆ Child and family advocate
- ◆ Youth organization or youth leadership director
- ◆ Educational church program director
- ◆ Elderly day care program director
- ◆ Nursing home program director
- ◆ Hospital play group director or teacher
- ◆ Marriage and Family Therapist
- ◆ Genetic Counselor